

Gentle Dental Care

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INSTRUCTIONS AFTER IMPLANT SURGERY:

1. Use icepack as instructed: alternate 15 minutes on and 15 minutes off on the side of the cheek where surgery was done. Only do the first day.
2. Do not rinse your mouth or spit for at least 24 hours.
3. Do not pull lip or cheek to see the sutures (stitches).
4. Do not apply pressure to the implant with your tongue or fingers.
5. Do not touch or pull anything away from bone grafting area.
6. Leave denture/partial out of surgical areas as much as you can to allow area to heal.
7. Eat a soft diet or drink nutritional milk (such as Ensure or Boost) until your suture removal appointment.
8. You may have swelling and/or bruising after surgery.
9. Avoid hot foods, hot drinks and hot showers or baths for 24 hours.
10. Do not smoke for 48 hours after surgery
11. Do not drink alcoholic beverages for 48 hours after surgery.

NOTIFY THE OFFICE IF:

1. Numbness persists after initial day of surgery.
2. Bleeding has not decreased after 3 days.
3. Pain increases after several days.
4. The implant becomes loose.
5. Your medication does not relieve discomfort.

MEDICATIONS:

1. ANTIBIOTICS (Amoxicillin, Clindamycin, Azithromycin, etc.)
Finish taking all of the antibiotics regardless of pain and discomfort.
2. ANALGESICS (Pain reliever such as Tylenol, motrin, Advil, Vicodine, Percoset, etc.)
Take pain reliever as instructed, 1 tablet every 6 to 8 hours regardless of pain, but you may stop taking it if you don't have pain.
3. GARGLE SOLUTION (Periogard or Peridex).
IF YOU NEED THIS PRESCRIPTION, IT WILL BE PRESCRIBED AT 2 WEEK CHECK APPOINTMENT.
Keep the liquid on the area of surgery in your mouth for 60 seconds. After you spit, don't rinse with water or drink for 30 minutes.

Signature: _____ Date: _____

Witness: _____

